

2011 Alki Beach Classic - Seattle, WA - August 20, 2011					
Bench Press and Deadlift meet					
Name	Age	Wt.Class	Body Wt	Raw/Equip	Best Lift
<b>Bench Press Results</b>			<b>All Results are in Kilos</b>		
Women					
Margaret Savage	73	52Kg	52Kg	Raw	30
Winifred Pristell	72	90	87.5	Raw	70
Michelle Fayant	47	Unl	105.7	Raw	97.5
Men					
Nick Fusaro	17	75	73.2	Raw	75
Connor Peasley	17	90	88.2	Raw	130
Tyler Shepard (SpOly)	20	75	71.7	Raw	65
Jordan Rannfeldt (SpO)	26	75	74.8	Raw	80
Nikolai Puchlov	31	75	73.2	Raw	92.5
Nelson Rivera	24	82.5	78.8	Raw	157.5
Chris Eldridge	25	82.5	79.8	Raw	147.5
Manuel Rangel	39	82.5	81.9	Raw	82.5
Evan Cousins	24	82.5	81.4	Raw	0
Shaun Sowers	25	100	97.5	Raw	157.5
Josh Banks	37	100	92.7	Raw	155
Glenn May	30	100	98.5	Raw	140
Joseph Robertson	25	100	98	Raw	0
Sean Gilliland	34	110	109	Raw	162.5
John Cardwell	37	125	118.7	Raw	160
Doug Cooper	36	Unl	154.7	Raw	220
Brad Clague	43	82.5	81.9	Raw	152.5
Gary Sewell	44	90	89.3	Raw	137.5
Chris Schlotman	42	100	96.8	Raw	115
Chris Williams	43	110	109.4	GEAR	205
Larry Larsen	40	Unl	130.8	Raw	175
Alonzo Belen	47	82.5	82.3	GEAR	155
Lloyd Cupiccia	46	Unl	143.1	Raw	227
Rosevelt Pristell	52	75	72.5	Raw	97.5
James Roberson	51	75	73.5	Raw	92.5
Julius Ferrar	53	82.5	81.3	Raw	90
Mark Bryant	52	82.5	81.9	Raw	100
Frankie Rongo	52	100	90.9	Raw	127.5
Boris Puchlov	59	90	89.1	Raw	85
Steve Mulvihill	56	90	88.3	Raw	122.5
Roul Chwalek	58	100	90.8	Raw	140
Gary Schelbrack	58	125	113.6	Raw	157.5

Bob Covello	64	75	74.2	Raw	112.5
Louis rodriguez	64	75	74.9	Raw	85
Jerry Kimberling	66	75	74.5	Raw	117.6
Matthew Jones	65	82.5	82.4	Raw	72.5
Buck Adams	62	100	99.8	Raw	100
Ray Horak	64	110	107.5	Raw	112.5
Dennis Barstow	72	90	88	Raw	0
<b>Deadlift Results</b>					
<b>Women</b>					
Denise Johnson	63	52Kg	48.8	Raw	75
Margaret Savage	73	52	52	Raw	70
Katherine "Kat" Clark	31	56	56	GEAR	170
Margaux Chan	23	75	70.5	Raw	0
Sonya Kalenderain	36	82.5	80.8	Raw	117.5
Winifred Pristell	72	90	87.5	Raw	110
Francesca M-Brodine	31	90	89.4	Raw	187.5
Michelle Fayant	47	Unl	106.7	Raw	165
J. Mangagaoang	56	Unl	128.2	Raw	160
Rosario Sprague	35	Unl	117.5	Raw	160
<b>Men</b>					
Nick Fusario	17	75	73.2	Raw	147.5
Zach Freemantle	18	75	72.2	Raw	200
Connor Peasley	17	90	88.2	Raw	207.5
Tyler Shepard (SpOI)	20	75	71.1	Raw	150
Daniel Stockdale	20	125	115.4	Raw	300
Leamon Woodley	54	82.5	82.1	GEAR	300
Manuel Rangel	39	82.5	81.9	Raw	122.5
Shaun Sowers	25	100	97.5	Raw	255
Glenn May	30	100	98.5	Raw	230
Sean Gilliland	34	110	109	Raw	230
Chris Williams	43	110	109.4	GEAR	305
John Cardwell	37	125	118.8	Raw	217.5
Alex Bond	24	125	113	Raw	215
Chris Schlotman	42	100	96.8	Raw	177.5
Larry Larsen	40	Unl	130.8	Raw	230
Rosevelt Pristell	52	75	72.5	Raw	190
James Roberson	51	75	73.5	Raw	150
Mark Bryant	52	82.5	81.9	Raw	185
Frankie Rongo	52	100	90.9	Raw	232.5

Bob Covello	64	75	74.2	Raw	157.5
Gene Alexander	63	82.5	80.1	Raw	205
Matthew Jones	65	82.5	82.1	Raw	137.5