

| 12/3/2011                   |     | Fife 2011 |           |             |         |         |         |         |         |         |            |           |             |             |             |                |          |                   |            |               |  |
|-----------------------------|-----|-----------|-----------|-------------|---------|---------|---------|---------|---------|---------|------------|-----------|-------------|-------------|-------------|----------------|----------|-------------------|------------|---------------|--|
| Name                        | Age | M F       | Wgt Class | Wilks Coeff | Squat 1 | Squat 2 | Squat 3 | Bench 1 | Bench 2 | Bench 3 | Best Bench | Sub Total | Dead lift 1 | Dead lift 2 | Dead lift 3 | Best Dead lift | PL Total | Wilks Co. x Total | Age Coef x | Team          |  |
| Denise Johnson              | 64  | F         | 48        | 1.3532      | 37.5    | 45      | -50     | 25      | 30      | -32.5   | 30         | 75        | 60          | 67.5        | 72.5        | 72.5           | 147.5    | 199.59            | 289.41     |               |  |
| Ren Yamashita               | 22  | F         | 52        | 1.2541      | 145     | 152.5   | 155     | 92.5    | -97.5   | -97.5   | 92.5       | 247.5     | 142.5       | 150         | -455        | 150            | 397.5    | 498.50            | 503.48     | Team Phoinix  |  |
| Marisa Jaeger               | 16  | F         | 56        | 1.2106      | 52.5    | -60     | -60     | 32.5    | -37.5   | -37.5   | 32.5       | 85        | 55          | 57.5        | -65         | 57.5           | 142.5    | 172.51            | 194.94     | Fife Power Co |  |
| Patricia Tidmarsh           | 44  | F         | 60        | 1.1447      | 110     | 115     | -447.5  | 47.5    | 52.5    | -55     | 52.5       | 167.5     | 132.5       | 137.5       |             | 137.5          | 305.0    | 349.14            | 364.15     |               |  |
| Chase Hyman                 | 15  | F         | 67.5      | 1.0261      | 55      | 60      | 77.5    | 40      | 42.5    | 45      | 45         | 122.5     | 72.5        | 77.5        | 82.5        | 82.5           | 205.0    | 210.35            | 248.21     | Fife Power Co |  |
| Cathy Belben                | 44  | F         | 67.5      | 1.1007      | 55      | 62.5    | -70     | 50      | 55      | -60     | 55         | 117.5     | 87.5        | 97.5        | 102.5       | 102.5          | 220.0    | 242.16            | 252.58     | Team Phoinix  |  |
| Jill Joiner-Wong            | 42  | F         | 67.5      | 1.0283      | 110     | 122.5   | 130     | 67.5    | -72.5   | 72.5    | 72.5       | 202.5     | 125         | 137.5       | 145         | 145            | 347.5    | 357.34            | 364.49     |               |  |
| Ali Roselli                 | 15  | F         | 75        | 0.9596      | 55      | 65      | -82.5   | 45      | -55     | -55     | 45         | 110       | 82.5        | 95          | 110         | 110            | 220.0    | 211.11            | 249.11     | Fife Power Co |  |
| Colleen Hamilton            | 43  | F         | 75        | 0.9596      | 130     | -450    | -450    | 62.5    | 70      | -75     | 70         | 200       | 130         | 145         | -450        | 145            | 345.0    | 331.05            | 341.32     | Team Phoinix  |  |
| Sarah Bohlen                | 42  | F         | 82.5      | 0.9491      | 92.5    | 97.5    | 100     | 55      | 60      | 62.5    | 62.5       | 162.5     | 135         | 142.5       | -450        | 142.5          | 305.0    | 289.46            | 295.25     |               |  |
| Marit Mork                  | 23  | F         | 82.5      | 0.9242      | -445    | 115     | -430    | 90      | 92.5    | 95      | 95         | 210       | 137.5       | 147.5       | -450        | 147.5          | 357.5    | 330.40            | 330.40     | Team Phoinix  |  |
| Francesca Mangaoang-Brodine | 32  | F         | 90        | 0.8707      | 130     | -457.5  | 137.5   | 57.5    | 65      | -70     | 65         | 202.5     | 160         | -472.5      | -472.5      | 160            | 362.5    | 315.62            | 315.62     |               |  |
| Michelle Fayant             | 47  | F         | UNL       | 0.8156      | -430    | -430    | 130     | 92.5    | 97.5    | -402.5  | 97.5       | 227.5     | 155         | 175         | 180         | 180            | 407.5    | 332.38            | 359.63     | Team Phoinix  |  |
| Andrea Page                 | 34  | F         | UNL       | 0.7949      | -460    | 160     | 175     | 105     | 115     | 120     | 120        | 295       | 160         | 170         | 177.5       | 177.5          | 472.5    | 375.60            | 375.60     | Team Phoinix  |  |
| David Hammond               | 21  | M         | 52        | 1.0144      |         |         |         | 75      | 77.5    | -82.5   | 77.5       | 0         |             |             |             | 0              | 0.0      | 0.00              | 0.00       |               |  |
| Kienan Valdez               | 16  | M         | 60        | 0.8594      | 62.5    | 85      | 92.5    | 62.5    | 70      | 77.5    | 77.5       | 170       | 100         | 125         | 140         | 140            | 310.0    | 266.43            | 301.06     | Fife Power Co |  |
| Maverick Reddaway           | 16  | M         | 67.5      | 0.7932      | -442.5  | 125     | -437.5  | 80      | 95      | -400    | 95         | 220       | 125         | 152.5       | 170         | 170            | 390.0    | 309.33            | 349.55     | Fife Power Co |  |
| Nick Wilson                 | 18  | M         | 67.5      | 0.8246      | 72.5    | 85      | -400    | 50      | 60      | -67.5   | 60         | 145       | 110         | 125         | 140         | 140            | 285.0    | 235.02            | 249.12     | Fife Power Co |  |
| Zac Skeltis                 | 16  | M         | 75        | 0.7445      | 150     | 160     | 172.5   | 82.5    | 92.5    | -400    | 92.5       | 265       | 175         | 190         | -200        | 190            | 455.0    | 338.77            | 382.81     |               |  |
| Rex Clawson                 | 24  | M         | 75        | 0.7249      | 112.5   | 130     | 142.5   | 85      | 95      | 102.5   | 102.5      | 245       | 127.5       | 160         | 185         | 185            | 430.0    | 311.72            | 311.72     |               |  |
| Zivon Spak                  | 17  | M         | 75        | 0.7139      | 102.5   | 125     | 137.5   | 85      | 102.5   | 112.5   | 112.5      | 250       | 150         | 165         | -475        | 165            | 415.0    | 296.26            | 319.96     | Fife Power Co |  |
| Andrew Price                | 18  | M         | 75        | 0.7300      | 127.5   | 145     | -450    | 92.5    | 102.5   | -407.5  | 102.5      | 247.5     | 142.5       | 152.5       | 162.5       | 162.5          | 410.0    | 299.30            | 317.26     | Team Hulk     |  |
| Nick Fusaro                 | 17  | M         | 75        | 0.7293      | 132.5   | 150     | -457.5  | -85     | 85      | -400    | 85         | 235       | 152.5       | 167.5       | -482.5      | 167.5          | 402.5    | 293.53            | 317.01     |               |  |
| Dana Walker                 | 35  | M         | 75        | 0.7345      | 162.5   | 175     | -485    | 115     | 127.5   | -435    | 127.5      | 302.5     | 200         | 225         | 235         | 235            | 537.5    | 394.77            | 394.77     |               |  |
| Mikhail Brusser             | 59  | M         | 75        | 0.7159      | 105     | 125     | -435    | 115     | -420    | -420    | 115        | 240       | 182.5       | 200         | -245        | 200            | 440.0    | 315.00            | 414.22     |               |  |
| Robert Covello              | 64  | M         | 75        | 0.7186      | -442.5  | 142.5   | -460    | 102.5   | 112.5   | -445    | 112.5      | 255       | 142.5       | 160         | -465        | 160            | 415.0    | 298.23            | 432.43     |               |  |
| Robert Lane                 | 40  | M         | 75        | 0.7179      |         |         |         | 132.5   | 135     | -437.5  | 135        | 0         |             |             |             | 0              | 0.0      | 0.00              | 0.00       |               |  |
| Jerry Kimberling            | 67  | M         | 75        | 0.7139      |         |         |         | 110     | 115     | -447.5  | 115        | 0         |             |             |             | 0              | 0.0      | 0.00              | 0.00       |               |  |
| Buster Fletcher             | 18  | M         | 82.5      | 0.6790      | 160     | -472.5  | 182.5   | -440    | 117.5   | -425    | 117.5      | 300       | 160         | 172.5       | 182.5       | 182.5          | 482.5    | 327.61            | 347.27     | Fife Power Co |  |
| Drake Donovan               | 15  | M         | 82.5      | 0.6785      | 140     | 152.5   | 165     | 107.5   | 112.5   | -445    | 112.5      | 277.5     | 165         | 180         | -497.5      | 180            | 457.5    | 310.40            | 366.27     |               |  |
| Gabriel Dietz               | 24  | M         | 82.5      | 0.6927      | 102.5   | 115     | 120     | 80      | 97.5    | -400    | 97.5       | 217.5     | 177.5       | 182.5       | 185         | 185            | 402.5    | 278.83            | 278.83     |               |  |
| Dominique Neal              | 17  | M         | 82.5      | 0.6832      | 102.5   | 125     | 137.5   | 85      | 100     | -407.5  | 100        | 237.5     | 142.5       | -460        | 160         | 160            | 397.5    | 271.59            | 293.31     | Fife Power Co |  |
| Jacob Rohrer                | 17  | M         | 82.5      | 0.7042      | -402.5  | -402.5  | 102.5   | 85      | 102.5   | -445    | 102.5      | 205       | -442.5      | 142.5       | 182.5       | 182.5          | 387.5    | 272.87            | 294.70     | Fife Power Co |  |
| Alex Jackson                | 16  | M         | 82.5      | 0.7106      |         |         |         |         |         |         | 0          | 0         | 177.5       | 185         | -187.5      | 185            | 0.0      | 0.00              | 0.00       |               |  |
| Ryan Padilla                | 31  | M         | 82.5      | 0.6854      |         |         |         | 137.5   | 145     | -450    | 145        | 0         |             |             |             | 0              | 0.0      | 0.00              | 0.00       |               |  |
| Marcus Hysert               | 38  | M         | 82.5      | 0.6729      | 165     | 187.5   | 192.5   | 105     | 120     | -427.5  | 120        | 312.5     | 210         | -237.5      |             | 210            | 522.5    | 351.57            | 351.57     |               |  |
| Tim Young                   | 26  | M         | 82.5      | 0.7023      | 152.5   | 172.5   | -487.5  | 112.5   | 122.5   | -430    | 122.5      | 295       | 190         | 215         | -235        | 215            | 510.0    | 358.19            | 358.19     |               |  |
| Jack Rankin                 | 64  | M         | 82.5      | 0.6764      | 182.5   | 197.5   | -200    | 85      | 90      | 95      | 95         | 292.5     | 195         | 205         | -240        | 205            | 497.5    | 336.51            | 487.94     |               |  |
| David Nabors                | 33  | M         | 82.5      | 0.6854      |         |         |         |         |         |         | 0          | 0         | 150         |             |             | 150            | 0.0      | 0.00              | 0.00       |               |  |
| Brad Clague                 | 44  | M         | 82.5      | 0.6714      |         |         |         | 147.5   | 155     | -457.5  | 155        | 0         |             |             |             | 0              | 0.0      | 0.00              | 0.00       |               |  |
| Joey Rood                   | 17  | M         | 90        | 0.6491      | 102.5   | 120     | 140     | 85      | 107.5   | 115     | 115        | 255       | 172.5       | 190         | 205         | 205            | 460.0    | 298.57            | 322.46     | Fife Power Co |  |
| Jonathon Ricco Morales      | 27  | M         | 90        | 0.6637      | 102.5   | -445    | 115     | 70      | 75      | -85     | 75         | 190       | 102.5       | 115         | 137.5       | 137.5          | 327.5    | 217.38            | 217.38     |               |  |
| Dalton O'Neal               | 17  | M         | 90        | 0.6523      | -405    | -405    | -405    | 80      | 85      | -95     | 85         | 0         | 105         | 125         | 145         | 145            | 0.0      | 0.00              | 0.00       | Fife Power Co |  |

|                  |    |   |     |        |       |        |        |        |        |        |       |       |        |        |        |       |       |        |        |               |
|------------------|----|---|-----|--------|-------|--------|--------|--------|--------|--------|-------|-------|--------|--------|--------|-------|-------|--------|--------|---------------|
| Justin Moore     | 18 | M | 90  | 0.6406 |       |        |        | 57.5   | 70     | -75    | 70    | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   | Fife Power Co |
| Aaron Harrison   | 41 | M | 90  | 0.6410 | 185   | 192.5  | 200    | -152.5 | 152.5  | 155    | 155   | 355   | 185    | 217.5  | -242.5 | 217.5 | 572.5 | 366.95 | 370.62 |               |
| Frankie Rongo    | 52 | M | 90  | 0.6451 | 142.5 | 147.5  | 150    | 120    | -122.5 |        | 120   | 270   | 227.5  | -230   |        | 227.5 | 497.5 | 320.95 | 373.91 |               |
| Bob Knudsen      | 69 | M | 90  | 0.6391 | 125   | -137.5 | -145   | 62.5   |        |        | 62.5  | 187.5 | 125    |        |        | 125   | 312.5 | 199.72 | 321.56 |               |
| Richard Schuller | 71 | M | 90  | 0.6436 | 60    |        |        | 60     |        |        | 60    | 120   | 80     |        |        | 80    | 200.0 | 128.72 | 216.37 |               |
| Rodney Brown     | 58 | M | 90  | 0.6592 |       |        |        | 122.5  | 127.5  | -132.5 | 127.5 | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| Steve Switzer    | 46 | M | 90  | 0.6421 |       |        |        | 142.5  | 150    | -157.5 | 150   | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| RC Chwalek       | 58 | M | 90  | 0.6402 |       |        |        | 127.5  | 132.5  | -137.5 | 132.5 | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   | Team Phoenix  |
| Glenn May        | 30 | M | 100 | 0.6101 | 200   | 215    | -227.5 | 142.5  | 150    | -155   | 150   | 365   | 227.5  | 242.5  | 247.5  | 247.5 | 612.5 | 373.67 | 373.67 | Team Phoenix  |
| Gary Sewell      | 44 | M | 100 | 0.6108 | 162.5 | 182.5  | 190    | 125    | 140    | -145   | 140   | 330   | 210    | 237.5  | -255   | 237.5 | 567.5 | 346.64 | 361.54 |               |
| Nicholas Smith   | 48 | M | 100 | 0.6111 | 190   | 200    | -205   | -145   | 145    | -155   | 145   | 345   | 215    | -227.5 | -227.5 | 215   | 560.0 | 342.20 | 375.39 |               |
| Ryan Staudacher  | 31 | M | 100 | 0.6108 | 175   | -192.5 | 200    | 125    | 140    | -160   | 140   | 340   | 175    | 200    | -215   | 200   | 540.0 | 329.84 | 329.84 |               |
| Phil Cappetto    | 29 | M | 100 | 0.6174 | 162.5 | 167.5  | 172.5  | 117.5  | -122.5 | -122.5 | 117.5 | 290   | 220    | 230    | 235    | 235   | 525.0 | 324.15 | 324.15 |               |
| John Harp        | 59 | M | 100 | 0.6158 | 90    | 107.5  | -142.5 | 105    | 115    | 127.5  | 127.5 | 235   | 130    | 145    | -162.5 | 145   | 380.0 | 234.00 | 307.71 |               |
| Buck Adams       | 62 | M | 100 | 0.6108 | 60    | 65     | 70     | 90     | 97.5   | -100   | 97.5  | 167.5 | 92.5   | 110    | 122.5  | 122.5 | 290.0 | 177.14 | 246.75 |               |
| Josh Banks       | 38 | M | 100 | 0.6342 |       |        |        | 150    | 152.5  | 155    | 155   | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| Shawn Sowers     | 25 | M | 100 | 0.6172 |       |        |        | 155    | -165   | -165   | 155   | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| Howie Chaves     | 61 | M | 100 | 0.6129 |       |        |        | 152.5  | -157.5 | 157.5  | 157.5 | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| John Dietz       | 52 | M | 110 | 0.6041 | 142.5 | 150    | -170   | 125    | 127.5  | -137.5 | 127.5 | 277.5 | 170    | 182.5  | -190   | 182.5 | 460.0 | 277.90 | 323.76 |               |
| Adam Johnson     | 32 | M | 110 | 0.5887 | 267.5 | 282.5  | 292.5  | 170    | 177.5  | 185    | 185   | 477.5 | 267.5  | 275    | 282.5  | 282.5 | 760.0 | 447.38 | 447.38 |               |
| Mark Sonnichsen  | 36 | M | 110 | 0.6035 | -275  | -275   | 275    | 165    | 170    | 175    | 175   | 450   | -265   | 272.5  | 282.5  | 282.5 | 732.5 | 442.04 | 442.04 | Team Phoenix  |
| Brett Wise       | 29 | M | 110 | 0.6067 | 220   | 227.5  | -232.5 | 135    | 142.5  | -147.5 | 142.5 | 370   | 230    | -242.5 | 242.5  | 242.5 | 612.5 | 371.59 | 371.59 | Team Phoenix  |
| James Sprinkle   | 40 | M | 110 | 0.6026 | 150   | 172.5  | 185    | 102.5  | 110    | 120    | 120   | 305   | 200    | 235    | 250    | 250   | 555.0 | 334.43 | 334.43 |               |
| Chris Williams   | 43 | M | 110 | 0.5950 |       |        |        | 197.5  | 210    | -220   | 210   | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| Neil Fuhrman     | 21 | M | 125 | 0.5726 |       |        |        | 145    | -167.5 | -172.5 | 145   | 0     |        |        |        | 0     | 0.0   | 0.00   | 0.00   |               |
| John Cardwell    | 37 | M | 125 | 0.5748 | -195  | 195    | 215    | 140    | 150    | 162.5  | 162.5 | 377.5 | 227.5  | 242.5  | 250    | 250   | 627.5 | 360.69 | 360.69 | Team Phoenix  |
| John Dick        | 64 | M | 125 | 0.5772 | 160   | 175    | 185    | 135    | 140    | 145    | 145   | 330   | -217.5 | 217.5  | -227.5 | 217.5 | 547.5 | 316.04 | 458.25 |               |
| Antoni Hoiby     | 36 | M | 125 | 0.5720 | 237.5 | -250   |        | 182.5  | 192.5  | -197.5 | 192.5 | 430   | 92.5   |        |        | 92.5  | 522.5 | 298.85 | 298.85 | Team Hulk     |
| Jacob Ruyle      | 17 | M | UNL | 0.5663 | 165   | 180    | 195    | 80     | 90     | -100   | 90    | 285   | 200    | 220    | -227.5 | 220   | 505.0 | 285.99 | 308.86 | Fife Power Co |
| William Soyring  | 22 | M | UNL | 0.5640 |       |        |        | 145    | -155   | -155   | 145   | 0     | 205    | -225   | 232.5  | 232.5 | 0.0   | 0.00   | 0.00   |               |
| Robert Pool      | 31 | M | UNL | 0.5620 |       |        |        | 65     | -70    | -70    | 65    | 0     | 62.5   | 70     | 87.5   | 87.5  | 0.0   | 0.00   | 0.00   |               |
| Grant Higa       | 40 | M | UNL | 0.5581 | 300   | 312.5  | 322.5  | 185    | 195    | -200   | 195   | 517.5 | 305    | 317.5  | 327.5  | 327.5 | 845.0 | 471.59 | 471.59 |               |
| Doug Cooper      | 36 | M | UNL | 0.5530 | 250   | 265    | -272.5 | 215    | -227.5 | 227.5  | 227.5 | 492.5 | 257.5  | 272.5  | 280    | 280   | 772.5 | 427.22 | 427.22 | Team Hulk     |
| Larry Eck        | 49 | M | UNL | 0.5682 | 137.5 | 145    | 150    | 125    | 142.5  | -147.5 | 142.5 | 292.5 | 175    | 200    | 215    | 215   | 507.5 | 288.38 | 320.96 | Team Phoenix  |
| Larry Larsen     | 41 | M | UNL | 0.5650 | 210   | 212.5  | -230   | -170   | -170   |        | 0     | 0     | 0      |        |        | 0     | 0.0   | 0.00   | 0.00   |               |